

OBC 25M 2025: Session: 1: COACH evaluation sheet for TEAM: DMB

Coachinfo: Warming up from: 07:30 untill 08:45.

Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Melders Peter

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 3: 50M BACKSTROKE WOMEN

Heat:4, starttime: 09:35

Heat: 4/6 Lane : 3 Athlete: BUSSELS FLEUR

Q-time: 00:29:87

PB (25m pool): 29.87 Hasselt 12 Oct 2025

PB (50m pool): 30.21 SB:

	2 5 M	5 0 M	
PB		29.87	
		29.87	
			

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN

Heat:2, starttime: 09:50

Heat: 2/4 Lane : 4 Athlete: VANOTTERDIJK ROOS

Q-time: 02:30:92

PB (25m pool): 2:37.16 Bree 22 Dec 2019

PB (50m pool): 2:30.92 SB:

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		35.77		1:16.74				2:37.16
		35.77		40.97				1:20.42
								

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN

Heat:3, starttime: 10:05

Heat: 3/7 Lane : 7 Athlete: METTEN VINCE

Q-time: 01:07:76

PB (25m pool): 1:07.76 Hasselt 12 Oct 2025

PB (50m pool): 1:09.05 SB:

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		31.86		1:07.76	
		31.86		35.90	
					

Coach feedback:

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Event number: 6: 100M BREASTSTROKE MEN					Heat:4, starttime: 10:05
Heat: 4/7 Lane : 1 Athlete: ORIS TIM					Q-time: 01:07:05
PB (25m pool): 1:06.91 De Sprink 30 Jul 2019					PB (50m pool): 1:09.21 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		31.36		1:06.91	
	31.36		35.55		
					

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN					Heat:6, starttime: 10:10
Heat: 6/7 Lane : 3 Athlete: VRANKEN BARTEL					Q-time: 01:02:49
PB (25m pool): 1:00.53 Rotterdam (NED) 25 Oct 2025					PB (50m pool): 1:03.22 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		28.50		1:00.53	
	28.50		32.03		
					

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN					Heat:6, starttime: 10:10
Heat: 6/7 Lane : 6 Athlete: SOENS ELIAS					Q-time: 01:03:10
PB (25m pool): 1:03.10 Dubai (UAE) 24 Nov 2024					PB (50m pool): 1:07.07 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		29.44		1:03.10	
	29.44		33.66		
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN					Heat:5, starttime: 10:20
Heat: 5/6 Lane : 5 Athlete: BUSSELS FLEUR					Q-time: 01:03:43
PB (25m pool): 1:03.43 Herentals 17 May 2025					PB (50m pool): No time SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		28.57		1:03.43	
	28.57		34.86		
					

Coach feedback:

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Event number: 7: 100M MEDLEY WOMEN					Heat:6, starttime: 10:20
Heat: 6/6 Lane : 4 Athlete: VANOTTERDIJK ROOS					Q-time: 00:57:44
PB (25m pool): 57.41 Westmont (USA) 17 Oct 2025					PB (50m pool): No time SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		26.18		57.41	
	26.18		31.23		
					

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN					Heat:5, starttime: 10:55
Heat: 5/7 Lane : 6 Athlete: BUSSELS FLEUR					Q-time: 00:26:58
PB (25m pool): 26.58 Hasselt 11 Oct 2025					PB (50m pool): 26.33 SB:
	2 5 M	5 0 M			
PB		26.58			
	26.58				
					

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN					Heat:6, starttime: 10:55
Heat: 6/7 Lane : 4 Athlete: VANOTTERDIJK ROOS					Q-time: 00:24:40
PB (25m pool): 24.40 Copenhagen (DEN 13 Dec 2024					PB (50m pool): 24.83 SB:
	2 5 M	5 0 M			
PB		24.40			
	24.40				
					

Coach feedback:

Event number: 13: 4x50M MEDLEY MIXED							Heat:2, starttime: 11:00
Heat: 2/2 Lane : 3 Athlete: TEAM DMB 1							Q-time: 01:47:41
PB (25m pool):							PB (50m pool): No time SB:
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5 2 0 0 M
PB							
							

Coach feedback: